



# DMA Class Schedule

## **Little Dragons** *Karate Classes (3-4 yrs.)*

Mondays-Tuesday-Wednesday 4:00pm-4:30pm

## **Little Dragons** *Karate Classes (5-6 yrs.)*

Monday-Tuesday-Wednesday 4:40pm-5:10pm

## **JUNIOR** *Freestyle Martial Art Classes (7-9 yrs.)*

Monday-Tuesday-Wednesday 5:20pm-6:00pm

## **TEEN** *Freestyle Martial Art Classes (10-14 yrs.)*

Monday-Tuesday-Wednesday 6:10pm-7:10pm

## **ADULT** *Freestyle Martial Art Classes (15 + yrs.)*

Monday-Tuesday-Wednesday 6:10pm-7:10pm

## **KICK-FIT** *Fitness Classes (15 + yrs.)*

(Virtual Only)

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