



DMA Class Schedule

Little Dragons *Karate Classes* (3-4 yrs.)

Mondays-Tuesday-Wednesday-Thursday 4:00pm-4:30pm

Little Dragons *Karate Classes* (5-6 yrs.)

Monday-Tuesday-Wednesday 4:40pm-5:10pm

JUNIOR *Freestyle Martial Art Classes* (7-9 yrs.)

Monday-Tuesday-Wednesday 5:20pm-6:00pm

TEEN *Freestyle Martial Art Classes* (10-14 yrs.)

Monday-Tuesday-Wednesday 6:10pm-7:10pm

ADULT *Freestyle Martial Art Classes* (15 + yrs.)

Monday-Tuesday-Wednesday 6:10pm-7:10pm

KICK-FIT *Fitness Classes*(15 + yrs.)

(Virtual Only)